

First aid learning for young people

Learner skill guide

Helping someone who has:

Swallowed something harmful (Poisoning)

Key action:

Find out what they have taken, when they took it and how much.



Recognise what to do:

There may be empty containers nearby.

They may vomit and have stomach pain.

Steps to take:

Find out what they have taken, when they took it and how much.

Call 999 or get someone else to do it.

Supporting knowledge:

The medical staff will need to know this to be able to help them.

The substance could be extremely harmful and the person may need urgent medical attention.

